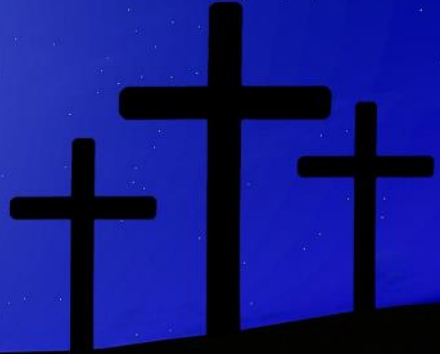


The Holy Season of Lent

2024



**A 'menu' to help you observe
a good Lent**

Make a good start to Lent....

Services

Observe

9.30am

Mass with Distribution of
Ashes at **St Anne's**



**ASH
WEDNESDAY**

6pm

Service of Holy Communion
with hymns and Imposition
Of Ashes at **St Mary's**

14th February

7pm

Mass with Distribution of
Ashes at **St Anne's**

What's happening on Shrove Tuesday—13th February



Pancake Party at St Mary's 10.00-11.30am

Bring along your little people to enjoy some creative pancake decorating (and eating!), plus lots of crafts, fun and games.

**Pancakes will be served at the Wendover Christian Centre
from 11.00-1.30pm**



**Soup Lunch at the Wendover
Christian Centre
from 12.30pm sharp**

All Welcome!



Regular activities happening during Lent

Morning prayer on Zoom



Every weekday morning we meet at 9.00am to pray together for 30 minutes using the Daily Prayer liturgy from the CofE. The material used may be found here:

<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>.

To join the meeting type the following into your browser:

<https://us02web.zoom.us/j/738629141?pwd=M09iMkVEMzdRVHAWNmdwdEMzZWxaUT09>

Meeting ID: 738 629 141

Passcode: prayer

The Mystery of Everything Lent Course

The WFC Wednesday evening homegroup will be undertaking a Lent course based on the Stephen Hawking film “The theory of everything”. It will be guided by the book “The mystery of everything” by Hillary Brand.

The film will be shown in the Wendover Christian Centre on Saturday 10th February at 3pm. The film is currently available on iPlayer (until 12th February). It will be helpful to see the whole film

before joining the course, but it is not a requirement. The book has useful readings and a suggested daily bible reading with reflection during Lent. It is available on kindle and in hard copy. You don't need the book to take part in the course, but you might like to read it for yourself.

The Lent course will run on the following Wednesday evenings (7.30-8.30pm) 21/02, 28/02, 06/03, 13/03 & 27/03. Do let Remco know if you have any questions or would like to join in.

The **THEORY** of
EVERYTHING



Come and See for Lent 2024



The Way of Love

"You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself." (Luke 10:27)

COME
AND
SEE

This year for Lent Churches Together in Wendover will be studying the two commandments identified by Jesus in three of the four gospels as the most important: *you shall love the Lord your God with all your heart and soul and mind and strength, and you shall love your neighbour as yourself.* We will again be using the material produced by Oxford Diocese called "Come and See".

Exploring 'The Way of Love' and how these two commandments can give a rhythm and a shape to our lives, the material should offer something for everyone: those exploring or new to faith, and also those with a more established relationship with God.

There are various ways to engage with the material:

1. Receive daily readings and reflections and the weekly film by signing up via the link at:
<https://mailchi.mp/oxford.anglican.org/come-and-see>
(for those who do not have email access, the readings and reflections are available in a small booklet which can be purchased for £2.50 from St Mary's.)
2. Each week there will be an opportunity to explore the weekly theme with a short video, a talk and the chance to discuss them with others. These will happen at St Mary's Church on the following Wednesdays at 7.30pm (finishing by 9.00pm):

Date	Theme	Leader
Wednesday 21 st February	Two Ways	Nadine Rose
Wednesday 28 th February	Two Treasures	Matthew Routledge
Wednesday 6 th March	Two Tablets	Sally Moring
Wednesday 13 th March	Two Trees	No session
Wednesday 20 th March	Two Questions	David Blackmore
Wednesday 27 th March*	Two Houses	Nadine Rose

* **Please note** the final session on Wednesday 27th March will commence at the earlier time of 7pm and include a service of Sung Compline.

Whilst the series is intended to be attend as a whole, those only able to make some of the dates will also be very welcome.

- For those who would prefer something during the day, every Thursday after each of the dates above the themes will be incorporated into the mid-week Communion Service at St Mary's Church at 10.00am followed by tea/coffee and an opportunity to discuss thoughts about the material in an informal setting. This service is open to everyone
- Each Sunday before the above dates, the themes and readings will be introduced in the usual morning services at St Mary's Church at 9am and 10.45am.

Hopefully you will be able to join us as we engage as a community with this exciting material. Don't forget to register for the daily updates using the link opposite, and if you can't wait until Lent starts, more information about Come and See can be found at: <https://www.oxford.anglican.org/campaigns/come-and-see>

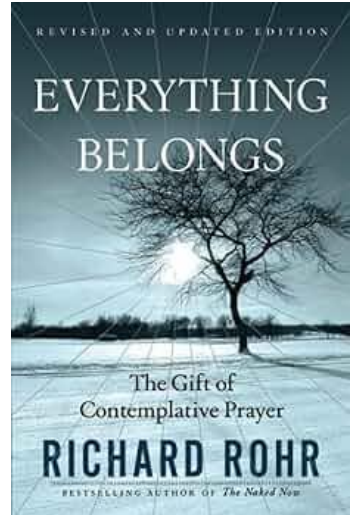


Books to read together in Lent

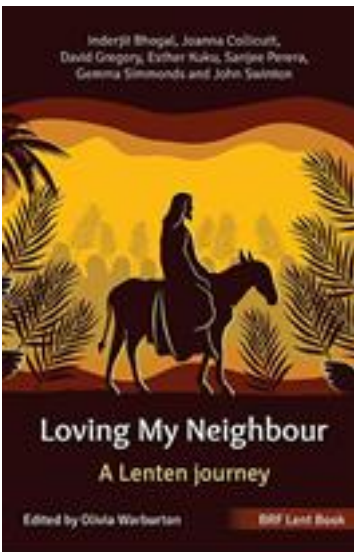
Everything Belongs—Richard Rohr

This book explores the gift of contemplative prayer. Rohr offers us the belief that we have no real access to who we really are except in God. Only when we rest in God can we find the safety, the spaciousness, and the scary freedom to be who we are, all that we are, more than we are, and less than we are. Only when we live and see through God can “everything belong.”

There are six chapters, one for every week of Lent and questions to enable further reflection or a discussion. It would be a good book to read with a friend, in a group, or would also work on your own. If you would like to read this as a group please let Remco know.



Loving My Neighbour (A Lenten Journey) —Various Authors



It's never been more important to understand how much God loves us and how much he wants us to love each other. Loving My Neighbour takes us on a journey through the challenging terrain of how we can truly love one another, individually and in our communities.

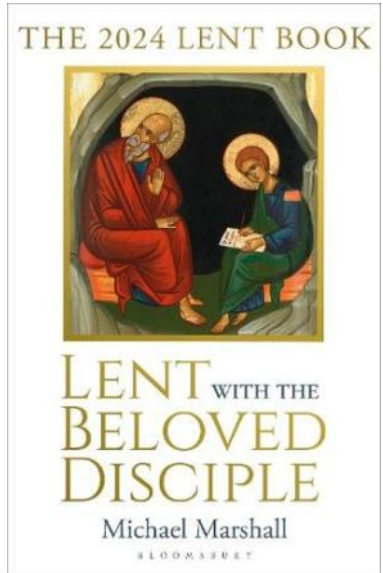
Daily Bible readings and reflections from Ash Wednesday to Easter Day explore how we can love in truth, love the vulnerable and the suffering, embrace difference, care for our world, and love ourselves as God loves us.

Lent with the Beloved Disciple –Michael Marshall

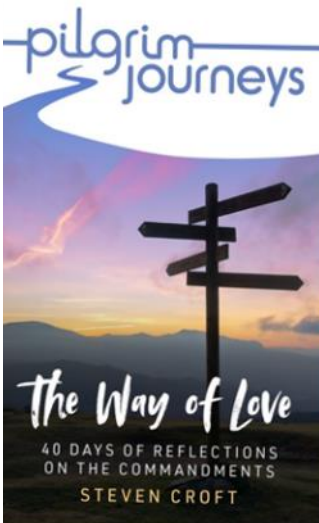
The 2024 Bloomsbury Lent Book invites you on a six-week journey in the company of the 'beloved disciple' as found in the narrative of the Gospel of St John.

As the only disciple to have stayed close to Jesus at every stage from the Last Supper to the Crucifixion at Calvary, this eagle-eyed eyewitness intentionally records certain subtle details and signs which, when perceived with the eyes of faith, indicate a deeper and far lasting significance.

Michael Marshall explores what these signs are and how, with prayerful reflection, they draw us ever more deeply into the personal, eternal and cosmic significance and awareness of all that Christ accomplished by his death and resurrection - the Paschal Mystery.



Pilgrim Journeys: The Way of Love—Steven Croft



Look with fresh eyes at one of the core texts of the Christian faith, the Commandments.

Each day includes a short reflection by Bishop Steven on a Bible reading. It's an invitation to see the whole law as a call to Jesus' Way of Love: to love God with all our heart, mind, soul and strength, and love our neighbour as ourselves.

The text broadly follows the content of the daily Come and See emails and audio that we will be using for our Lent Course this year. With this printed version, or the online content, we hope that everyone can Come and See this Lent.

Copies of the books on the previous two pages will be available to buy from St Mary's Church or the Parish Office in Wendover High Street.

Please note: the office cannot except card payments, so please pay with cash (exact money if at all possible), cheque, or ideally bank transfer using the following details:

St Mary's PCC Wendover
CAF Bank, A/c 00030071, S/c 40-52-40

Please make cheques payable to 'St Mary's PCC Wendover'.

Light up Lent!

Online Week of Accompanied Prayer

—Thursday 29th February to Thursday 7th March

Light Up Lent is the Northampton Diocesan Week of Accompanied Prayer, a retreat in everyday life. Begin or deepen your prayer life, get to know the Scriptures better, and above all, grow in faith and in love for the Lord who loves you.

With one-to-one support each day for a week, via Zoom, from an experienced prayer guide. Find out more here and at our introductory webinar on 1st February <https://pastoralministryoffice.org/event/lightuplent/>



Messy Church

Sunday 11th February &

Sunday 17th March

3.30-5.30pm at the Wendover
Christian Centre and St Anne's Hall

Worship, crafts and activities and
food.

What else is happening during Lent?

Messy Mornings

Sunday 18th February &

Sunday 17th March

10.40am at Wendover Free Church

We start with worship together and then we split into two streams to explore the story further. The

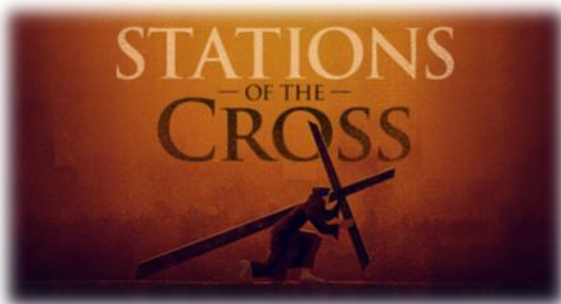
reflective stream stays in the church while the active and creative stream goes to the Christian Centre. Everyone is welcome to join in.



Lent Devotions at St Anne's Church

Tuesdays in Lent	10.15am	Mass followed by Rosary.
Wednesdays in Lent	9.30am	Mass
Thursdays in Lent	9.30am	Mass
Fridays in Lent	9.30am	Mass followed by Stations of the Cross.
Saturdays in Lent	9.30am	Mass followed by Adoration of the Blessed Sacrament for an hour.

Come and go as you like. During Adoration there will be an opportunity to celebrate the Sacrament of Reconciliation.



What else might you do during Lent?



Why not reflect this Lent and challenge UK hunger?

Stand in solidarity with people facing hardship by hearing their stories and reflections for 10 minutes each week.

The Bible is full of stories of people who journeyed with God in the face of injustice. Right now, people are experiencing the injustice of hunger across the UK. Discover how people with lived experience of hunger and poverty have encountered God in the midst of their struggles.

Sign up at <https://www.trusselltrust.org//get-involved/church-support/act/give-up-10/> or click this link [Give Up 10 - The Trussell Trust](#) (and make sure to tick 'yes' to finding out more about their work with churches in order to receive Give Up 10 reflections).



All our churches continue to support **Chiltern Foodbank**. Please be generous in your offerings—thank you for all you have given.



HOLY WEEK

Monday 25th, Tuesday 26th and Wednesday 27th March

8.00pm Compline at St Mary's church to mark the first few days of Holy Week. Sung on Wednesday evening.

Maundy Thursday 28th March:

10.00am Midweek service of Holy Communion, St Mary's Church
7.30pm Agape Supper, Wendover Christian Centre
7.00pm Mass of the Lord's Supper, followed by the Watch of the Passion until 10.00 pm, St Annes Church
8.00pm Sung Eucharist for Maundy Thursday, ending with the Watch until 10pm, St Mary's Church

Good Friday 29th March:

9am-4.00pm St Anne's and St Mary's churches open for prayer
10am Stations of the cross, especially for families and children, St Annes Church
10am-12 noon Prayer Labyrinth in St Anne's Hall
10am-12 noon Refreshments and colouring in the Christian Centre
12.15pm Walk of witness from St Anne's to St Mary's Church
1.00pm Good Friday service, St Mary's Church
3.00pm Celebration of The Lord's Passion, St Annes Church

Holy Saturday 30th March:

9.00am-4.00pm St Anne's and St Mary's church open for prayer
8pm Easter Vigil, St Annes Church





Easter Sunday 31st March

- | | |
|---------|--|
| 6am | Dawn Service of Light with communion followed by breakfast, St Mary's Church |
| 9am | Sung Communion Service, St Mary's Church |
| 9am | Mass for Easter Day, St Anne's |
| 10.45am | Family Communion, St Mary's Church |
| 10.45am | Communion Service, Wendover Free Church |

Please use this booklet to choose what will help you to have a good Lent.

We are all different and find different ways to marking Lent, Holy Week and Easter ... there are lots of choices here in Wendover.